HOW TO PROPERLY FIT MEDICAL-GRADE MASKS

• Check that it fits snugly over your nose, mouth, and chin.
• Check for gaps by cupping your hands around the outside edges of the mask.
• Make sure no air is flowing from the area near your eyes or from the sides of the mask.
• If the mask has a good fit, you will feel warm air come through the front of the mask and may be able to see the mask material move in and out with each breath.

Mask Removal and Re-Use

• Perform hand hygiene
• Remove medical mask by holding the ear loops. The front is contaminated, so remove slowly and carefully. Do not let loops touch your face.
• Remove surgical mask by untying lower ties FIRST. Untie upper ties last. The front is contaminated, so remove slowly and carefully. Ensure ties do not fall into clean interior side of mask.
• After removing the mask, visually inspect for contamination, distortion in shape/form. If soiled, torn, or saturated the mask should be discarded.
• If the mask is NOT visibly soiled, torn, or saturated, carefully fold so that the outer surface is held inward and against itself. The folded mask can be stored between uses in a clean sealable paper bag or breathable container.